



Endocrine disruptors and carcinogenic effects

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Introduction

Definiton: An ED

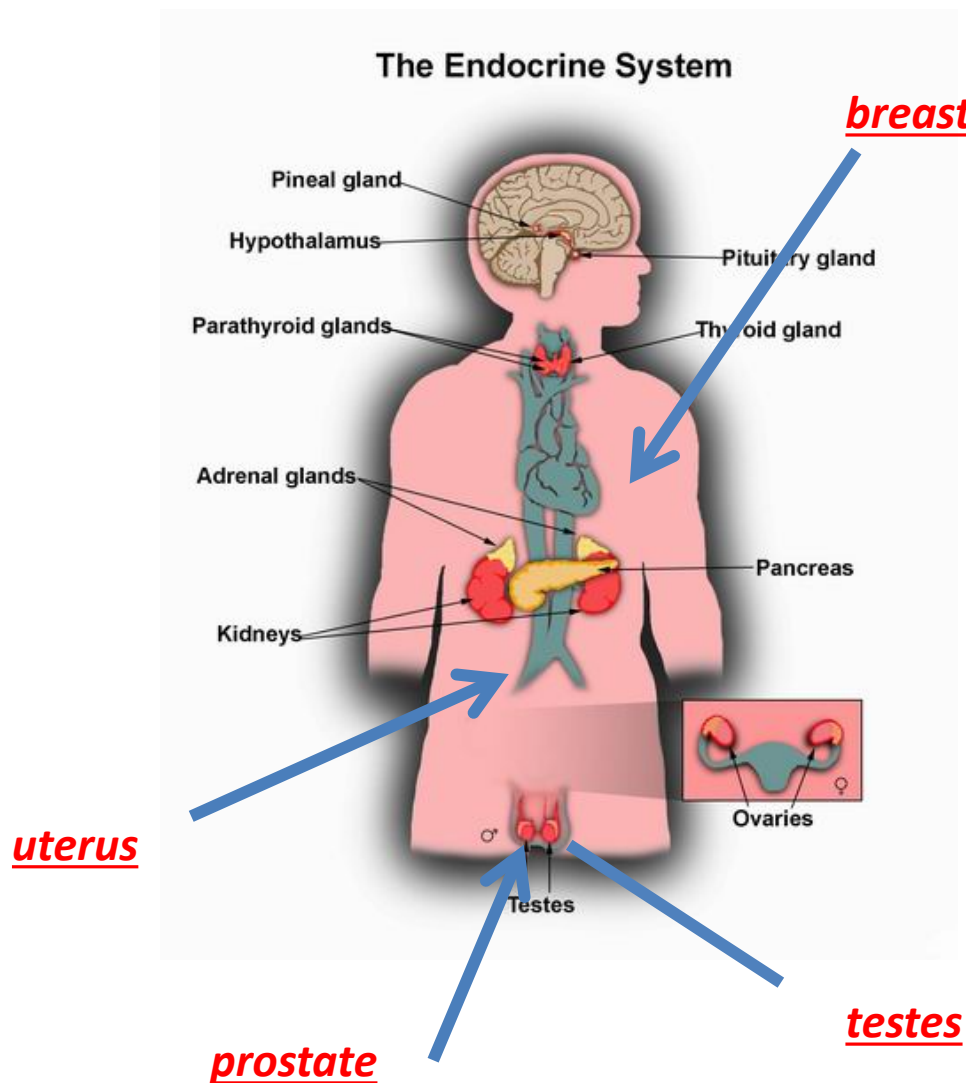
WHO (2002)

alters function(s) of the endocrine system

and consequently causes adverse health effects

Endocrine Society (2012)

interferes with any aspect of hormone action

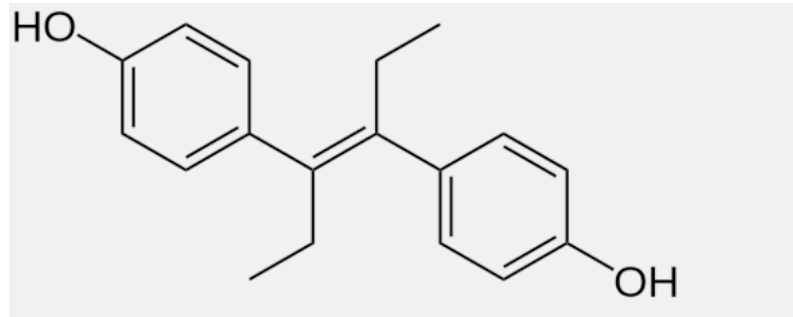


Why is ,endocrine disruptors and cancer‘ a topic?

The history of diethylstilboestrol (DES)

In 1971, it was shown that DES intake during pregnancy caused clear cell carcinoma, a rare vaginal tumor, in girls and women who had been exposed to this drug in utero because their mothers were treated with this substance to avoid miscarriage.

The mechanism was thought to be due to oestrogenic action.



Adenocarcinoma of the vagina. Association of maternal **stilbestrol** therapy with tumor appearance in young women.

Daughters with adenocarcinoma

DES was given to **pregnant women** in the mistaken belief it would reduce the risk of pregnancy complications and losses.

CASE No.	AGE AT 1ST SYMPTOMS (YR)	YR OF BIRTH
1	20	1949
2	15	1951
3	14	1950
4	15	1950
5	19	1949
6	16	1951
7	18	1949
8	22	1946

CASE No.	MATERNAL AGE (YR)		ESTROGEN GIVEN IN THIS PREGNANCY	
	CASE	MEAN OF 4 CONTROLS	CASE	CONTROL
1	25	32	Yes	0/4
2	30	30	Yes	0/4
3	22	31	Yes	0/4
4	33	30	Yes	0/4
5	22	27	No	0/4
6	21	29	Yes	0/4
7	30	27	Yes	0/4
8	26	28	Yes	0/4

Adverse health outcomes in women exposed in utero to diethylstilbestrol

Table 2. Hazard Ratios for Adverse Health Outcomes in Women with and Those without Diethylstilbestrol (DES) Exposure.*

Adverse Outcome	Exposed Women	Unexposed Women	Hazard Ratio (95% CI) [†]
	<i>no./total no.</i>		
Infertility	1144/3769	252/1654	2.37 (2.05 to 2.75)
Spontaneous abortion [‡]	916/2690	328/1291	1.64 (1.42 to 1.88)
Ectopic pregnancy [‡]	255/2692	36/1293	3.72 (2.58 to 5.38)
Loss of second-trimester pregnancy [‡]	201/2692	35/1293	3.77 (2.56 to 5.54)
Preterm delivery [§]	624/2385	100/1238	4.68 (3.74 to 5.86)
Preeclampsia [§]	216/2412	80/1159	1.42 (1.07 to 1.89)
Stillbirth [§]	54/2385	16/1239	2.45 (1.33 to 4.54)
Neonatal death [§]	57/2383	7/1238	8.12 (3.53 to 18.65)
Early menopause	181/3993	49/1682	2.35 (1.67 to 3.31)
<u>Cervical intraepithelial neoplasia, grade ≥ 2</u>	208/4120	40/1785	<u>2.28 (1.59 to 3.27)</u>
<u>Breast cancer at ≥ 40 yr</u>	61/3693	21/1647	<u>1.82 (1.04 to 3.18)</u>
<u>Clear-cell adenocarcinoma</u>	4/4652	0/1926	<u>∞ (0.37 to ∞)</u>

Hoover RN, Hyer M, Pfeiffer RM, Adam E, Bond B, Cheville AL, Colton T, Hartge P, Hatch EE, Herbst AL, Karlan BY, Kaufman R, Noller KL, Palmer JR, Robboy SJ, Saal RC, Strohsnitter W, Titus-Ernstoff L, Troisi R.

N Engl J Med. 2011 365(14):1304-14.

DES exposure and urogenital abnormalities in sons born to mothers exposed to DES during pregnancy

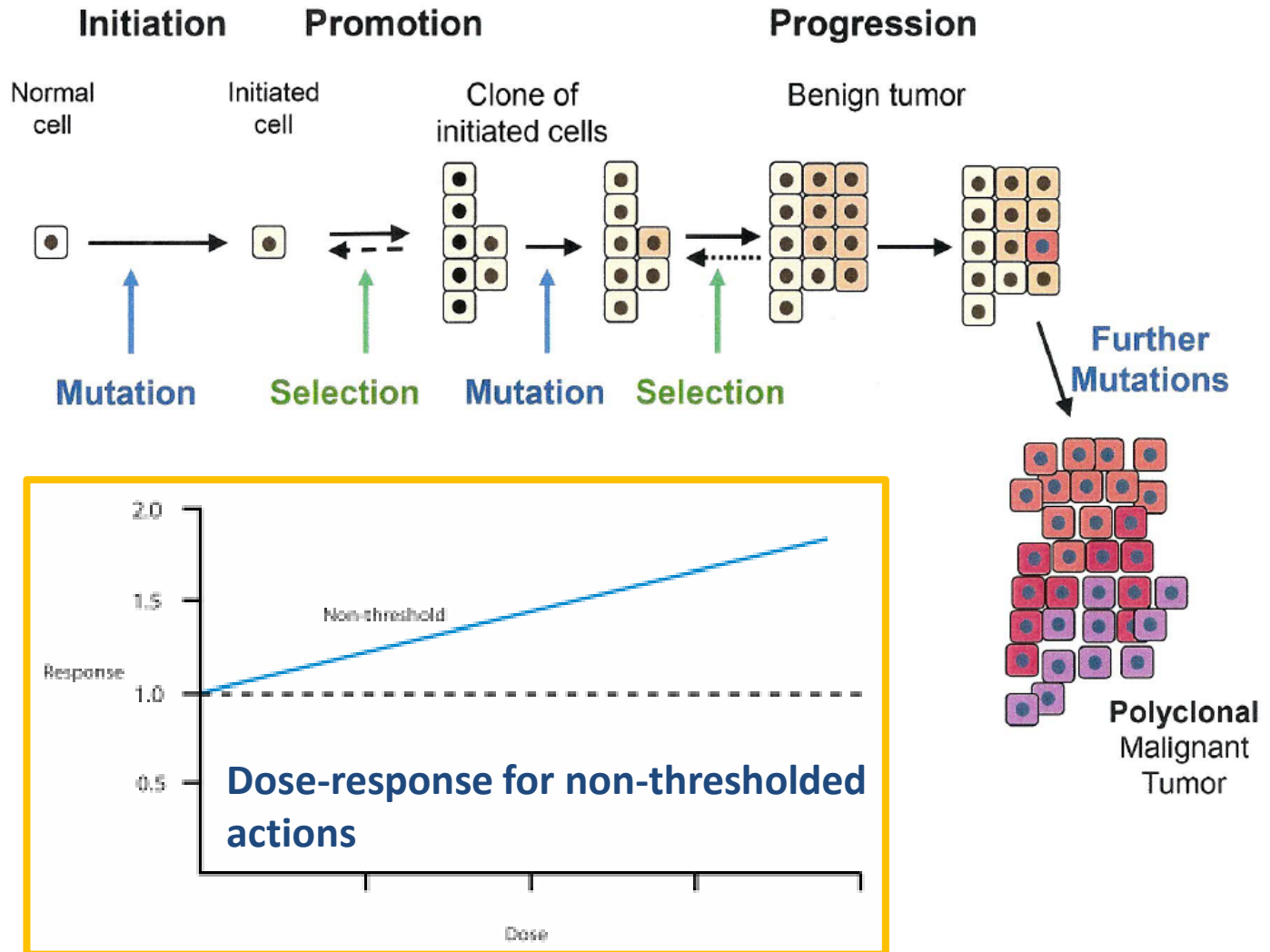
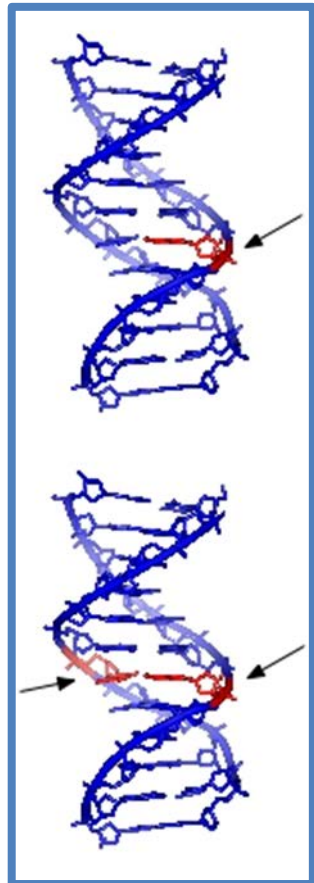
Table 1: DES exposure in relation to urogenital abnormalities

	DES-Exposed (N = 1197)	Unexposed (N = 1038)		
	Cases	Cases	Risk ratio*	95% Confidence interval
Urogenital abnormalities				
Cryptorchidism	38	17	1.9	1.13.4
Epididymal cyst	55	19	2.5	1.54.3

Cryptorchidism is a risk factor for testicular germ cell tumors

Palmer JR, Herbst AL, Noller KL, Boggs DA, Troisi R, Titus-Ernstoff L, Hatch EE, Wise LA, Strohsnitter WC, Hoover RN. Urogenital abnormalities in men exposed to diethylstilbestrol in utero: a cohort study. Environ Health. 2009 18;8:37

Mode of Action - non-thresholded genotoxic cancerogen



Non-genotoxic (thresholded) actions

Induction of Cell Growth via Receptor mediated Signalling

Proteinkinase C

TPA

Hormone Receptors:

Estrogens, Gestagens, Androgens
Thyroid Hormones

PPAR-Receptors:

Hypolipidemics, Phthales

Dioxin-Receptor:

Dioxin, PAH

Constitutive Androstan Rec./

Pregenolon-X-Receptor:

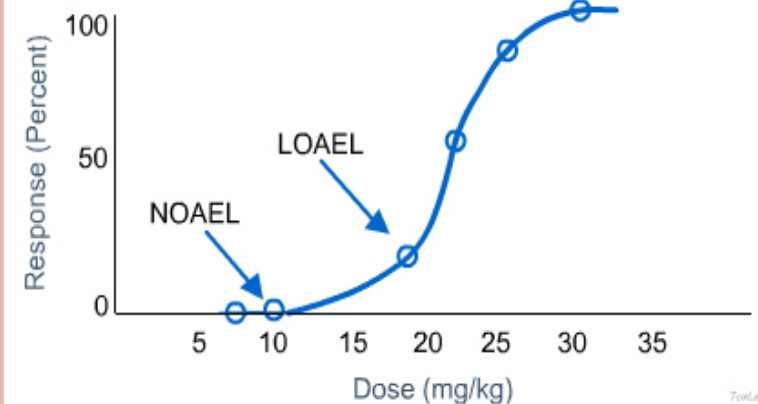
many chemical compounds

Xenobiotika



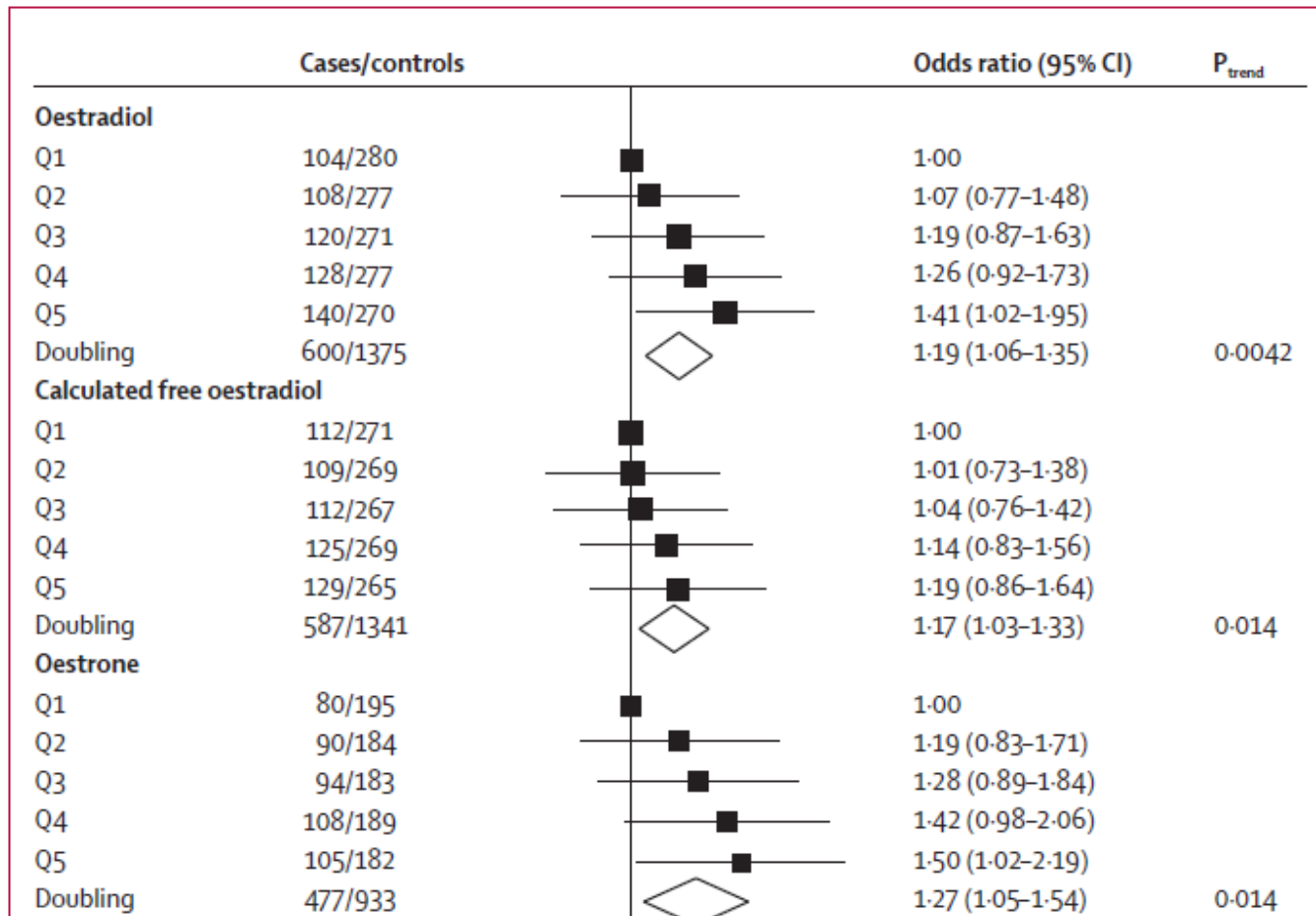
Induction of gene pattern
and of growth

Dose-response for thresholded action



If an ED is cancerogenic, this is a thresholded mode of action . This means that a dose exists below which the probability of an effect is very low.

Endogenous Oestrogens and risk of breast cancer in premenopausal women



Endogenous Hormones and Breast Cancer Collaborative Group Lancet Oncol. 2013 Sep;14(10):1009-19.

The Example of Isoflavone as Food Supplements

Results from the EFSA assessment 2015

Botanical sources:

Soy

Glycine max (L.) Merr



Red clover

Trifolium pratense L.



Kudzu root

Pueraria montana



EFSA Opinion, 2015

Endpoint/ Intervention	Reference	Reliability	Relevance	outcome
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Breast cancer in epidemiological studies

Human studies +++ ↔ No difference

Human studies
Mammary gland

Use of food supplements containing isoflavones	Boucher et al. 2013	1	+++	↔
	Brasky et al. 2010	1	+++	↔
	Obi et al. 2009	1	+++	↔
	Rebbeck et al. 2007	2	+++	↔

Mammographic density

Soy isoflavones/soy extract	3071 Colacurci et al., 2013	1	+++	↔
	16401 Del Manto et al., 2013	1	+++	↔
Soy protein	3127 Verheus et al., 2008.	1	+++	↔
Daidzein-rich isoflavones	1199 Maskarinec et al., 2009.	1	+++	↔
Genistein	3138 Marini et al., 2008.	1	+++	↔
	2282 Morabito et al., 2002.	2	+++	↔
Red clover extract (RCE)	3168 Atkinson et al., 2004	1	+++	↔
	16435 Powles et al., 2008.	2	+++	↔

Proliferation marker Ki-67 and atypical cytology

Soy isoflavones/soy extract	16409 Khan et al., 2012.	1	+++	↔
	3158 Cheng et al., 2007.	2	+++	↔

Endpoint/ intervention	Reference	Reliability	Relevance	outcome	
Uterus			Human studies +++	↔ No difference	
Endometrial thickness					
Soy isoflavones/soy extract	14960 Chilibeck et al., 2013.	1	+++	↔	
Human studies Uterus	3071 Colacurci et al., 2013	1	+++	↔	
	10231 Nahas et al., 2007.	1	+++	↔	
	14945 Alekel et al., 2015	2	+++	↔	
	1640 Kaari et al., 2006.	2	+++	↔	
	2414 Han et al., 2002.	2	+++	↔	
	3158 Cheng et al., 2007.	2	+++	↔	
	16165 Upmalis et al., 2000.	2	+++	↔	
	Soy protein	16436 Quaas et al., 2013.	1	+++	↔
		1103 Carmignani et al., 2010	1	+++	↔
		11323 Murray et al., 2003.	3	+++	↔
Daidzein-rich isoflavones	3110 Penotti et al., 2003.	1	+++	↔	
	4366 Steinberg et al., 2011.	2	+++	↔	
Glycitein-rich isoflavones	1639 Nikander et al., 2005.	1	+++	↔	

Why did we not see an oestrogenic effect in vivo in postmenopausal women? (III)

The relative activity of isoflavones in food supplements

	EEQ ($\mu\text{g E2}$ per capsule) ¹ ¹ Andres et al., 2015		Production rate expressed as External dose/day (BV =0.05) ($\mu\text{g/day}$)	Comparison endogenous vs isoflavone capsule (Endogenous/isoflavone in capsules)	
	ER alpha	ER beta		ER alpha	ER beta
1	1.4		530	380	
2		9.5	530		56
3	7.6	24.2	530	70	25
4	5.2		530	101	
5		22.4	530		24
6		36.4	530		14.5; 7% increase
7		13.8	530		38
8	11.9		530	44 ; 3% increase	
9		15.5	530		34

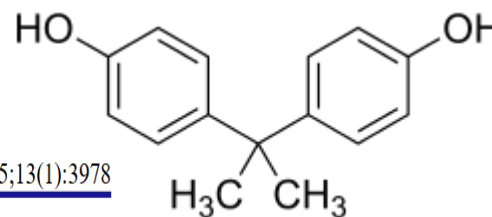
The Example of Bisphenol A

Results from the EFSA assessment 2015



European Food Safety Authority

EFSA Journal 2015;13(1):3978



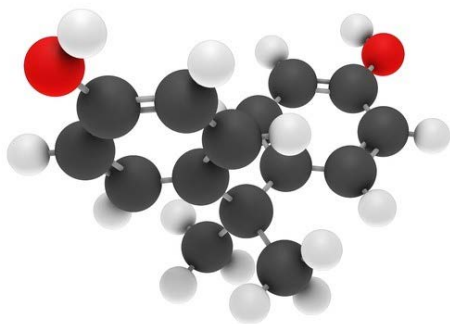
SCIENTIFIC OPINION

Scientific Opinion on the risks to public health related to the presence of bisphenol A (BPA) in foodstuffs: Executive summary¹

EFSA Panel on Food Contact Materials, Enzymes, Flavourings and Processing Aids (CEF)^{2,3}

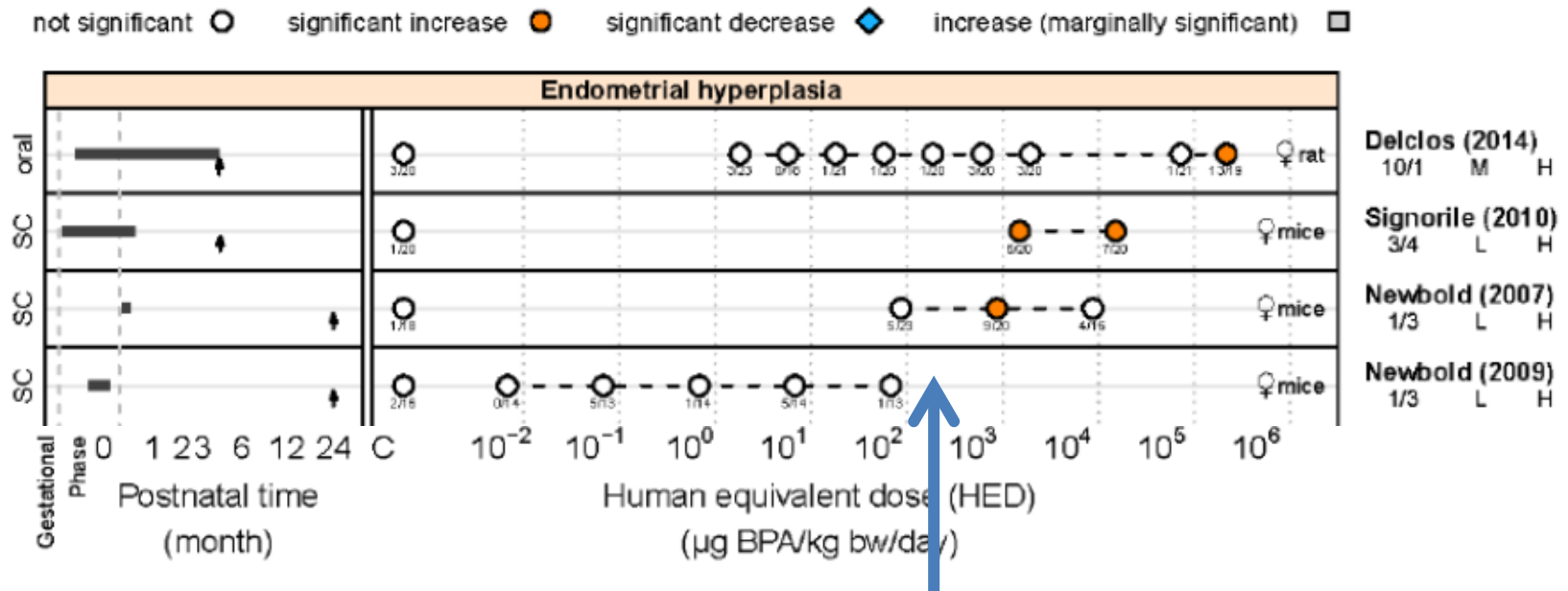
European Food Safety Authority (EFSA), Parma, Italy

*Summary of the Scientific Opinion, published on 25 March 2015, replaces the earlier version of the summary 2015.**



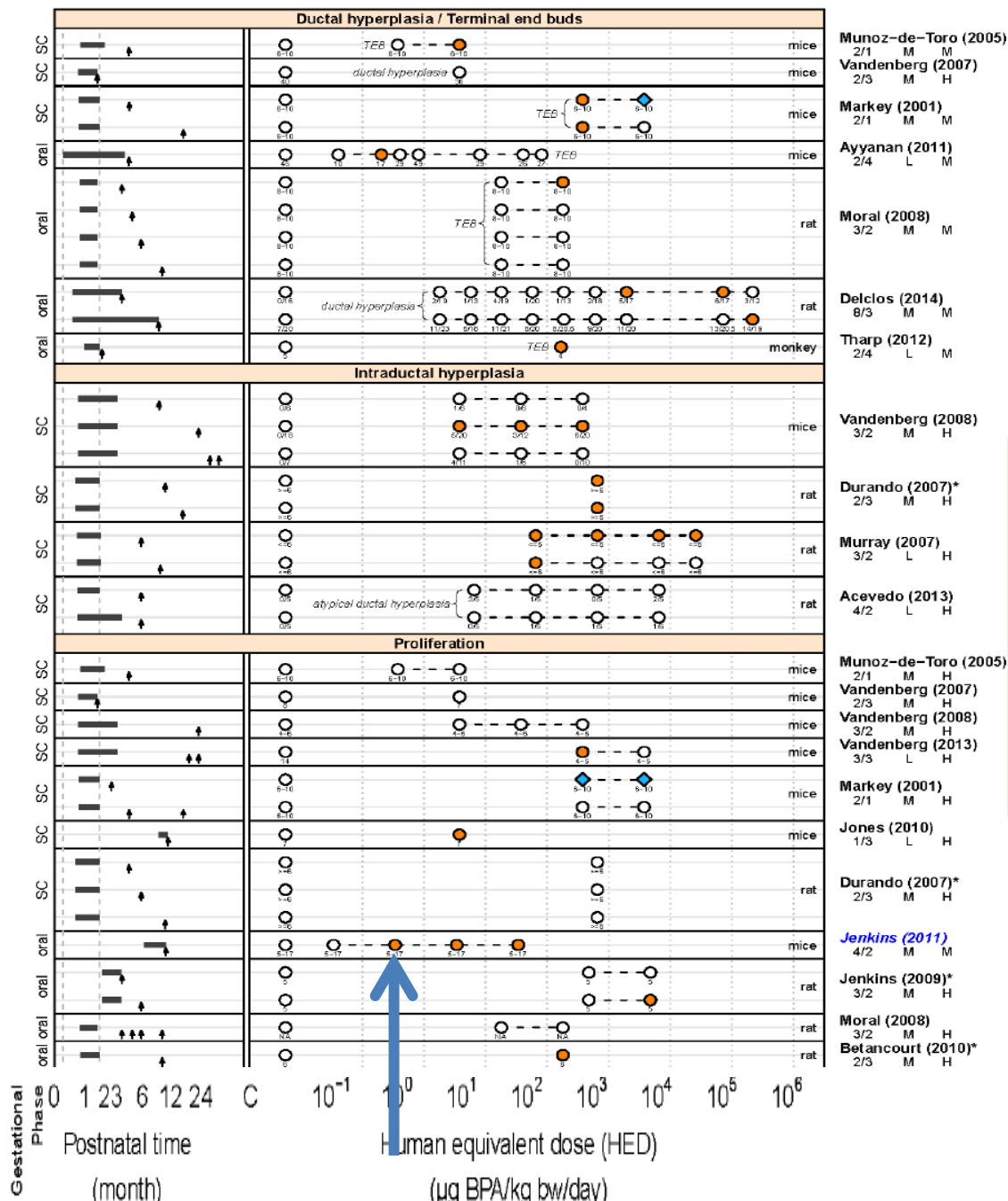
Bisphenol A

Endpoint Uterus hyperplasia Rat data



The effective oral dose in humans is > 100 mg/kg bw/day
 The cumulative **human exposure** (dermal plus oral) is 4 µg/kg bw/day, **10,000 fold lower** than the effective dose.

not significant ○ significant increase ● significant decrease ◆



Endpoints in the breast in rats

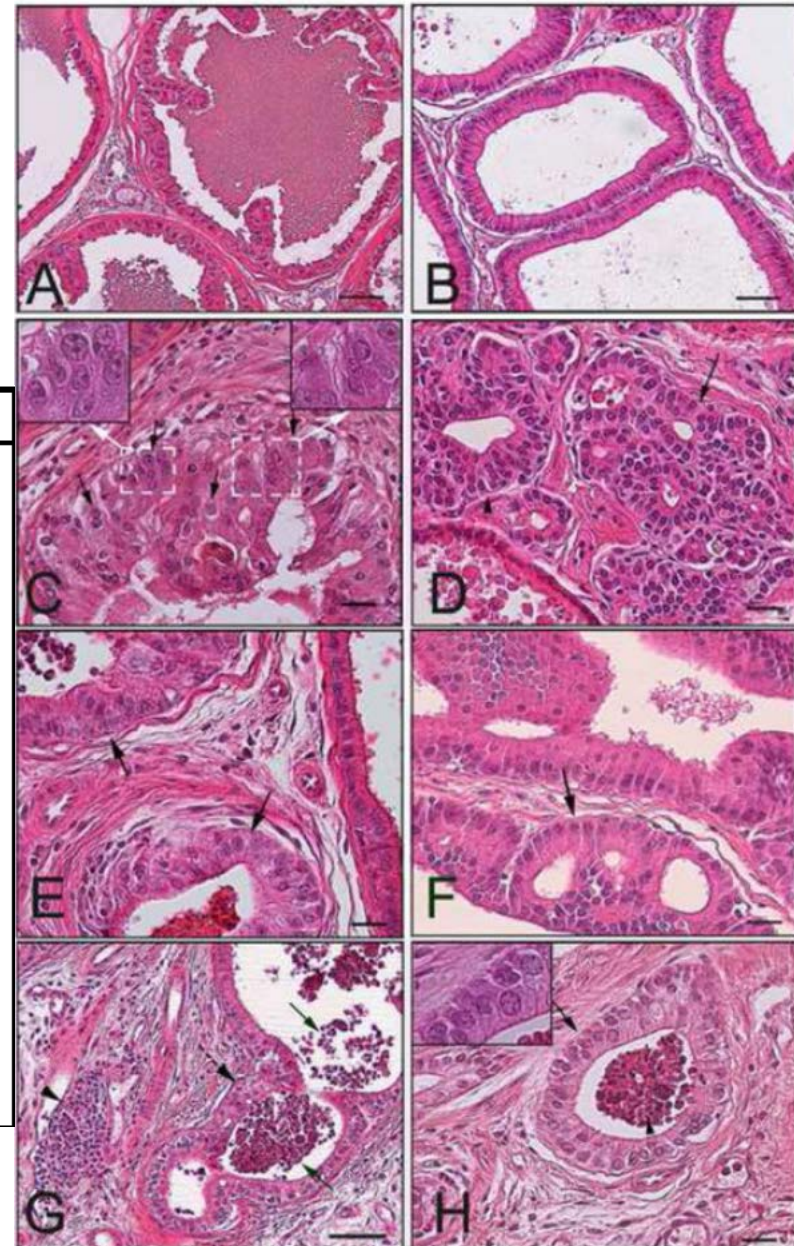
The effective oral dose in humans is 1-10 mg/kg/day
 The cumulative human exposure (dermal plus oral) is 4 $\mu\text{g/kg bw/d}$,
1000 – 10,000 fold lower than the effective dose.

Munoz-de-Toro (2005) 2/1 M M
 Vandenberg (2007) 2/3 M H
 Markey (2001) 2/1 M M
 Ayyanan (2011) 2/4 L M
 Moral (2008) 3/2 M M
 Delclos (2014) 8/3 M M
 Tharp (2012) 2/4 L M
 Vandenberg (2008) 3/2 M H
 Durando (2007)* 2/3 M H
 Murray (2007) 3/2 L H
 Acevedo (2013) 4/2 L H
 Munoz-de-Toro (2005) 2/1 M H
 Vandenberg (2007) 2/3 M H
 Vandenberg (2008) 3/2 M H
 Vandenberg (2013) 3/3 L H
 Markey (2001) 2/1 M H
 Jones (2010) 1/3 L H
 Durando (2007)* 2/3 M H
 Jenkins (2011) 4/2 M M
 Jenkins (2009)* 3/2 M H
 Moral (2008) 3/2 M H
 Belancourt (2010)* 2/3 M H

Bisphenol A and Prostate pre-cancerous lesions

Incidence of prostatic lesion at 7 months in SD rats treated neonatally with oil or BPA via s.c. or oral route of exposure and with T+E as adults

	PIN	Atypical Hyperplasia	Epithelial Hyperplasia	Inflammatory Cells
Ventral				
Oil	18%	12%	35%	18%
BPA: s.c.	40%	45%	90% [†]	20%
BPA: oral	40%	50%	70% [†]	0%
Lateral				
Oil	64%	59%	70%	47%
BPA: s.c.	100% [*]	42%	58%	89% ^{**}
BPA: oral	90% [*]	50%	50%	90% ^{**}
Dorsal				
Oil	33%	7%	33%	33%
BPA: s.c.	47%	35%	59%	29%
BPA: oral	66%	22%	22%	33%



Prins et al. Reprod Toxicol. 2011 31(1):1-9.
 Serum bisphenol A pharmacokinetics and prostate neoplastic responses following oral and subcutaneous exposures in neonatal Sprague-Dawley rats.

Relevance of Prins et al. for humans – considerations on the internal exposure

	Rat data		Human data		Ratio concentration experimental exposure rat p.o./ human mean exposure
	s.c. injection	oral	oral		
Dose BPA (µg/kg bw)	400 (Prins et al., 2011)	400 (Prins et al., 2011)	100 (Thayer et al., 2015)		
Exposure (µg/kg bw)			4 (EFSA, 2015)		
Cmax BPA (nM)	7.73 (measured)	1.13 (measured)	6.5 (measured)	0.26 (calculated)	4.3

The internal exposure was 4 fold higher in rats as is the current combined exposure in humans calculated as oral exposure

Other substances – in occupational scenarios

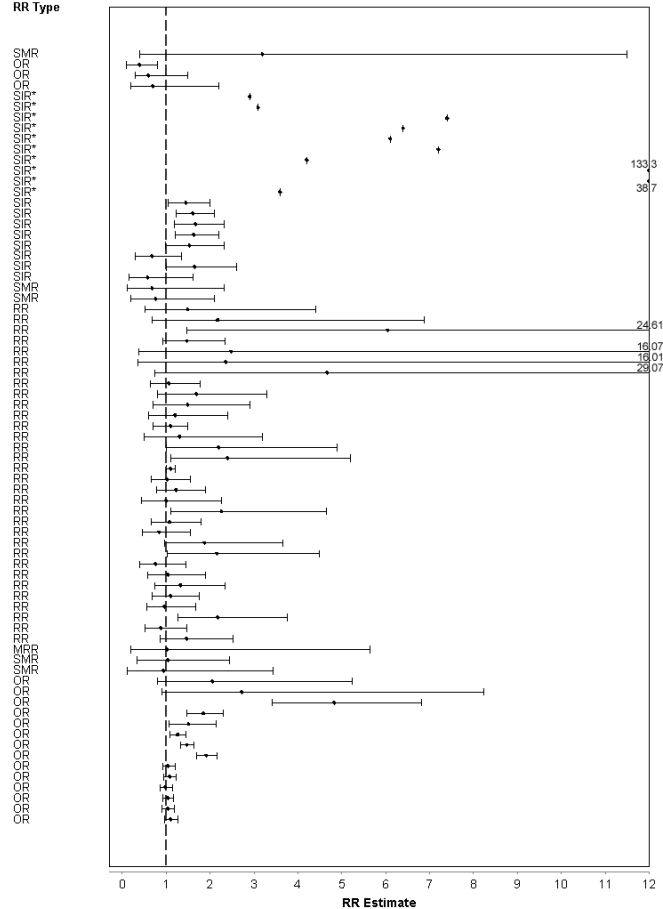
- TCCD
- Pesticides
- Phthalates
- Organic solvents
- Alkylphenols
- Chlorpyrifos (animal study)

Studies of veterans with estimated Agent Orange/TCCD exposure

N= 4533

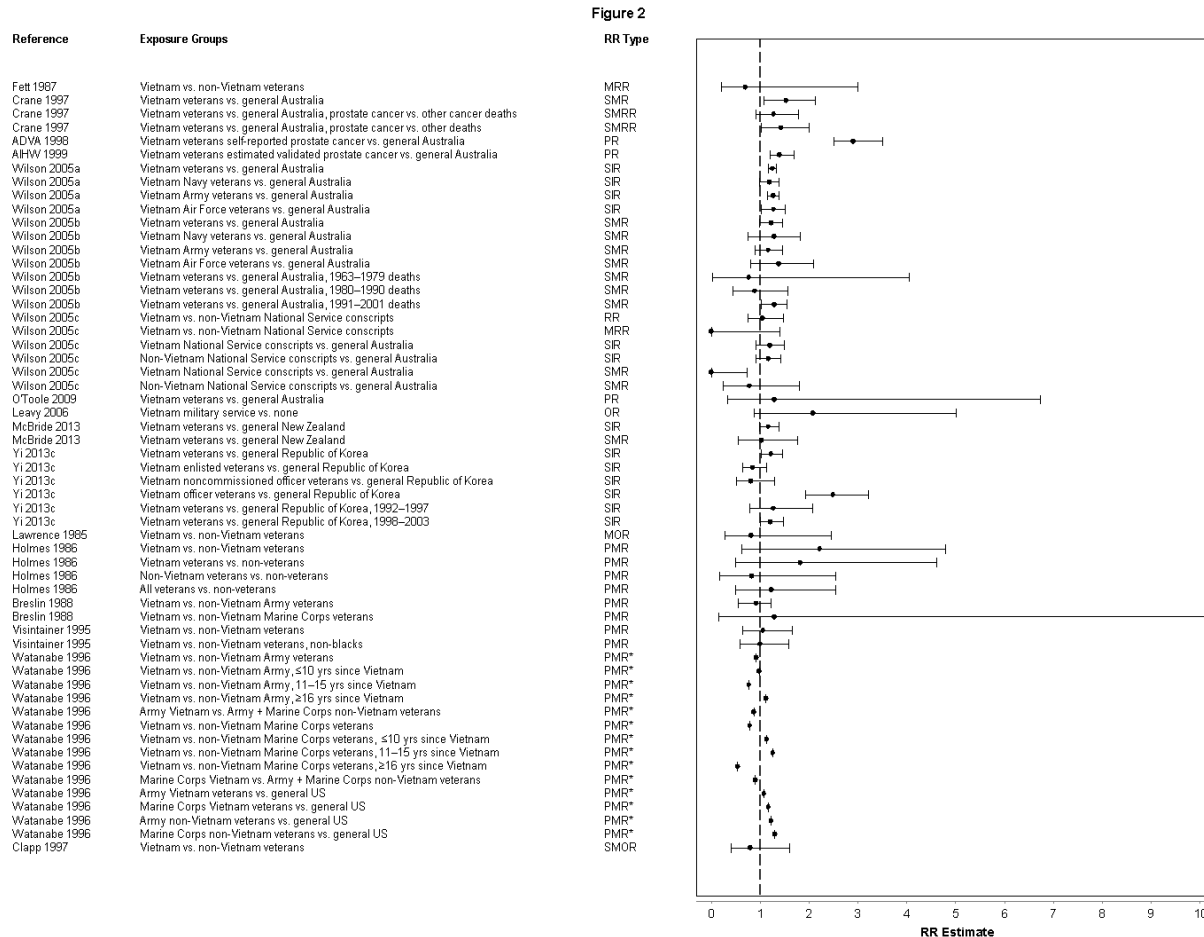
Reference	Exposure Groups
Ketchum 1996	Ranch Hands vs. comparisons
Ketchum 1999	Ranch Hands background TCDD vs. comparisons
Ketchum 1999	Ranch Hands low TCDD vs. comparisons
Ketchum 1999	Ranch Hands high TCDD vs. comparisons
Kayajanian 2001	0 ppt TCDD vs. general US, whites
Kayajanian 2001	1.25-2.00 ppt TCDD vs. general US, whites
Kayajanian 2001	2.51-4.00 ppt TCDD vs. general US, whites
Kayajanian 2001	4.01-8.00 ppt TCDD vs. general US, whites
Kayajanian 2001	8.01-10.00 ppt TCDD vs. general US, whites
Kayajanian 2001	27.18-127.45 ppt TCDD vs. general US, whites
Kayajanian 2001	128.13-396.18 ppt TCDD vs. general US, whites
Kayajanian 2001	0 ppt TCDD vs. general US, blacks
Kayajanian 2001	1.25-4.00 ppt TCDD vs. general US, blacks
Kayajanian 2001	24.01 ppt TCDD vs. general US, blacks
Akhtar 2004	Ranch Hands vs. general US, whites
Akhtar 2004	Comparisons vs. general US, whites
Akhtar 2004	Ranch Hands ending 1965-1970 vs. general US, whites
Akhtar 2004	Comparisons ending 1965-1970 vs. general US, whites
Akhtar 2004	Ranch Hands ≤ 2 yrs in SEA vs. general US, whites
Akhtar 2004	Comparisons ≤ 2 yrs in SEA vs. general US, whites
Akhtar 2004	Ranch Hands 100% VN vs. general US, whites
Akhtar 2004	Comparisons 0% VN vs. general US, whites
Akhtar 2004	Ranch Hands vs. general US, whites
Akhtar 2004	Comparisons vs. general US, whites
Akhtar 2004	Ranch Hands vs. comparisons ≤ 2 yrs in SEA, background TCDD
Akhtar 2004	Ranch Hands vs. comparisons ≤ 2 yrs in SEA, low TCDD
Akhtar 2004	Ranch Hands vs. comparisons ≤ 2 yrs in SEA, high TCDD
Akhtar 2004	Per 1 unit log-TCDD, Ranch Hands + comparisons ≤ 2 yrs in SEA
Akhtar 2004	Ranch Hands 100% VN background TCDD vs. comparisons 0% VN
Akhtar 2004	Ranch Hands 100% VN low TCDD vs. comparisons 0% VN
Akhtar 2004	Ranch Hands 100% VN high TCDD vs. comparisons 0% VN
Akhtar 2004	Per 1 unit log-TCDD, Ranch Hands 100% VN + comparisons 0% VN
Pawuk 2005	3.5-3.8 vs. 0.4-2.6 pg/g lipid TCDD, comparisons
Pawuk 2005	3.8-5.2 vs. 0.4-2.6 pg/g lipid TCDD, comparisons
Pawuk 2005	5.2-64.8 vs. 0.4-2.6 pg/g lipid TCDD, comparisons
Pawuk 2005	Per 1 pg/g lipid TCDD, comparisons
Pawuk 2005	1.3-2.1 vs. 0.1-1.3 yrs in SEA, comparisons
Pawuk 2005	2.1-3.7 vs. 0.1-1.3 yrs in SEA, comparisons
Pawuk 2005	3.7-5.4 vs. 0.1-1.3 yrs in SEA, comparisons
Pawuk 2005	Per 1 yr in SEA, comparisons
Pawuk 2006	Ranch Hands lower TCDD vs. comparisons
Pawuk 2006	Ranch Hands higher TCDD vs. comparisons
Pawuk 2006	Ranch Hands lower TCDD vs. comparisons, in SEA <1969
Pawuk 2006	Ranch Hands higher TCDD vs. comparisons, in SEA <1969
Pawuk 2006	Ranch Hands lower TCDD vs. comparisons, in SEA ≥ 1969
Pawuk 2006	Ranch Hands higher TCDD vs. comparisons, in SEA ≥ 1969
Pawuk 2006	Ranch Hands lower TCDD vs. comparisons, in SEA ≤ 2 yrs
Pawuk 2006	Ranch Hands higher TCDD vs. comparisons, in SEA ≤ 2 yrs
Pawuk 2006	Ranch Hands lower TCDD vs. comparisons, in SEA ≥ 2 yrs
Pawuk 2006	Ranch Hands higher TCDD vs. comparisons, in SEA ≥ 2 yrs
Pawuk 2006	4.24 vs. ≤ 77.2 ppt-yr TCDD, comparisons
Pawuk 2006	77.2 vs. ≤ 77.2 ppt-yr TCDD, comparisons
Pawuk 2006	426 vs. ≤ 426 days in SEA, Ranch Hands
Pawuk 2006	579 vs. ≤ 579 days in SEA, comparisons
Pawuk 2006	SEA ≥ 1969 vs. <1969, Ranch Hands
Pawuk 2006	SEA ≥ 1969 vs. <1969, comparisons
Cypel 2010	Vietnam vs. non-Vietnam Army Chemical Corps
Cypel 2010	Vietnam Army Chemical Corps vs. general US
Cypel 2010	Non-SEA Army Chemical Corps vs. general US
Giri 2004	Agent Orange exposed vs. nonexposed
Giri 2004	Agent Orange exposed vs. nonexposed, whites
Charnie 2008	Agent Orange exposed vs. nonexposed
Charnie 2008	Agent Orange exposed vs. nonexposed, excl. post-diagnosis reports
Ansbrough 2013	Agent Orange exposed vs. nonexposed
Yi 2013a	Self-reported low Agent Orange exposure vs. none
Yi 2013a	Self-reported moderate Agent Orange exposure vs. none
Yi 2013a	Self-reported high Agent Orange exposure vs. none
Yi 2013a	Division/brigade low Agent Orange exposure vs. none
Yi 2013a	Division/brigade moderate Agent Orange exposure vs. none
Yi 2013a	Division/brigade high Agent Orange exposure vs. none
Yi 2013a	Battalion/company low Agent Orange exposure vs. none
Yi 2013a	Battalion/company moderate Agent Orange exposure vs. none
Yi 2013a	Battalion/company high Agent Orange exposure vs. none

Figure 1



Chang ET, Boffetta P, Adami HO, Cole P, Mandel JS
 A critical review of the epidemiology of Agent Orange/TCDD and prostate cancer.
 Eur J Epidemiol. 2014 Oct;29(10):667-723.

Studies of Vietnam veterans without estimated Agent Orange/TCCD exposure N = 19 000



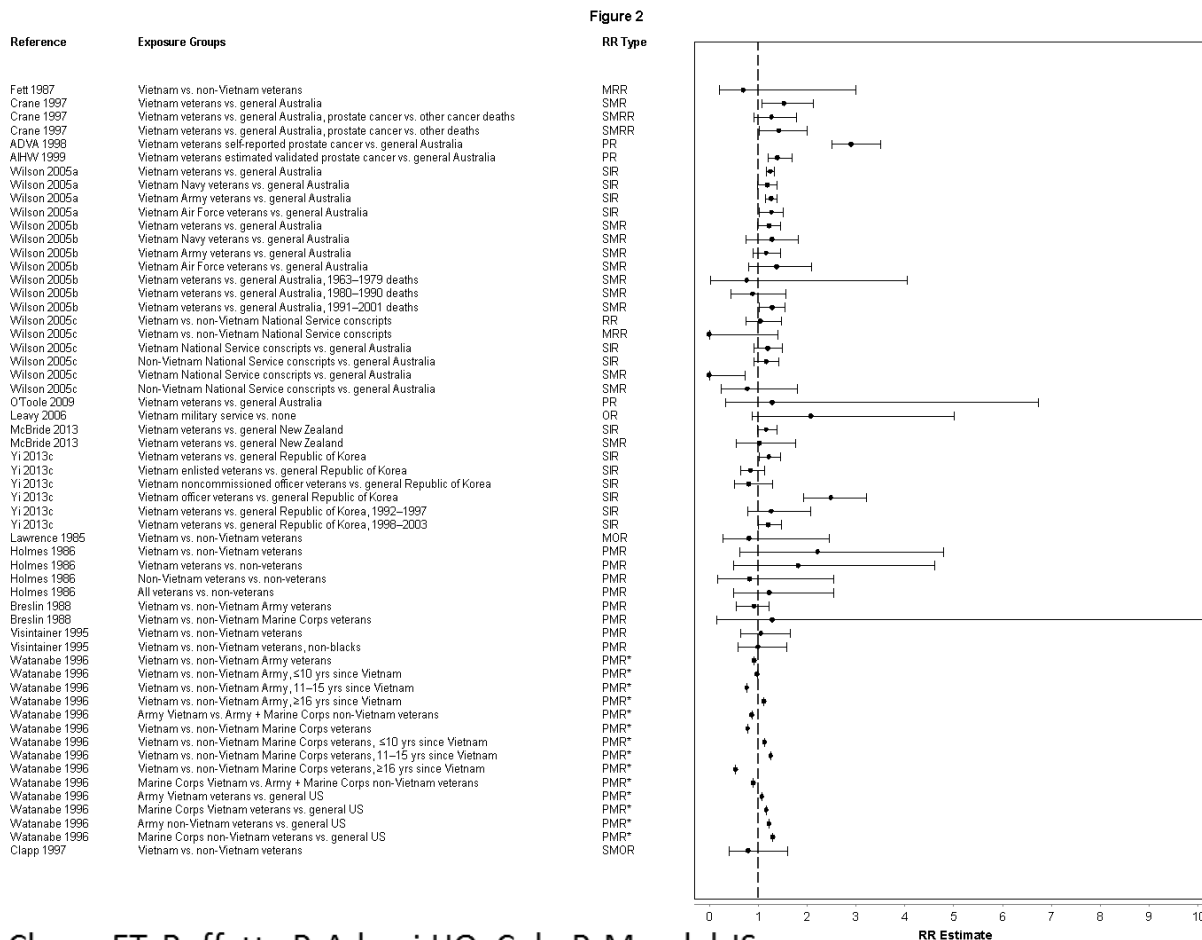
Chang ET, Boffetta P, Adami HO, Cole P, Mandel JS

A critical review of the epidemiology of Agent Orange/TCCD and prostate cancer.

Eur J Epidemiol. 2014 Oct;29(10):667-723.

Studies of manufacturers and sprayers of herbicides

N = 13 381



Chang ET, Boffetta P, Adami HO, Cole P, Mandel JS

A critical review of the epidemiology of Agent Orange/TCDD and prostate cancer.

Eur J Epidemiol. 2014 Oct;29(10):667-723.

A critical review of the epidemiology of Agent Orange/TCDD and prostate cancer.

Chang ET, Boffetta P, Adami HO, Cole P, Mandel JS Eur J Epidemiol. 2014; 29(10):667-723.

- Overall, epidemiologic research offers **no consistent or convincing evidence** of a causal relationship between exposure to Agent Orange or TCDD and prostate cancer

Phthalates AND cancer

Table 1 Carcinogenicity assessments by national and international organizations.

Substance	U.S. EPA	National Toxicology Program	International Agency for Research on Cancer (IARC)	American Conference of Governmental Industrial Hygienists	Japan Society for Occupational Health
DIDP	D (Not classifiable as a human carcinogen)	Insufficient to establish the carcinogenic potential	—	—	—
DEHP	B2 (Probable human carcinogen)	R (Reasonably anticipated to be human carcinogen)	Group 3 (Unclassifiable as to carcinogenicity to humans)	A3 (Animal carcinogen)	Group 2B (carcinogenicity in human but the evidence is insufficient)
BBP	C (Possible human carcinogen)	—	Group 3	—	—
DBP	D	—	—	—	—
Di-ethyl phthalate	D	—	—	A4 (Not classifiable as a human carcinogen)	—
Di-octyl phthalate	—	—	—	—	—
Di-isononyl phthalate	—	—	—	—	—
Di-methyl phthalate	—	—	—	—	—

Testicular germ cell tumours and parental occupational exposure to pesticides: a register-based case–control study in the Nordic countries (NORDTEST study)

Le Cornet C, et al. *Occup Environ Med* 2015;**72**:805–811.

Initial number of cases and controls extracted from registries

DENMARK

1498 Cases
5924 Controls

FINLAND

1807 Cases
7198 Controls

SWEDEN

4114 Cases
14027 Controls

NORWAY

3692 Cases
11404 Controls

Conclusions This is the largest study on prenatal exposure to pesticides and TGCT risk, overall providing no evidence of an association. Limitations to assess individual exposure in registry-based studies might have contributed to the null result.



Burden of disease and costs of exposure to endocrine disrupting chemicals in the European Union: an updated analysis

Trasande L, Zoeller RT, Hass U, Kortenkamp A, Grandjean P, Myers JP, DiGangi J, Hunt PM, Rudel R, Sathyanarayana S, Bellanger M, Hauser R, Legler J, Skakkebaek NE, Heindel JJ.

Andrology. 2016 Mar 22

Expert panels consensus was achieved for probable (>20%) endocrine disrupting chemical causation for IQ loss and associated intellectual disability; autism; attention deficit hyperactivity disorder; endometriosis; fibroids; childhood obesity; adult obesity; adult diabetes; cryptorchidism; male infertility, and mortality associated with reduced testosterone.

BUT NOT CANCER!



It is the dose which makes the poison

Sola dosis facit venenum

Paracelsus (1493 - 1541)

Thank you for your attention

Prof. Dr. Ursula Gundert-Remy
President German Society of Toxicology (GT)
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Toxicology Charité
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